

The Parish Eucharist in Lent

In the name of the Father, the Son and the Holy Spirit
Amen

The Lord be with you
And also with you.

Prayer of Preparation

**Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord.
Amen.**

Prayers of Penitence

Hear these commandments which God has given to his people and examine your hearts.

I am the Lord your God: you shall have no other gods but me. You shall love the Lord your God with all your heart, with all your soul, with all your mind and with all your strength.
Amen. Lord, have mercy.

You shall not make for yourself any idol.
God is spirit and those who worship him must worship him in spirit and in truth.
Amen. Lord, have mercy.

You shall not dishonour the name of the Lord your God.
You shall worship him with awe and reverence.

Amen. Lord, have mercy.

Remember the Sabbath and keep it holy.
Christ is risen from the dead; set your minds on things that are above, not on things that are on the earth.

Amen. Lord, have mercy.

Honour your father and mother;
live as servants of God; let us work for the good of all, especially members of the household of faith.

Amen. Lord, have mercy.

You shall not commit murder.
Live peaceably with all; overcome evil with good.

Amen. Lord, have mercy.

You shall not commit adultery.
Know that your body is a temple of the Holy Spirit.

Amen. Lord, have mercy.

You shall not steal.
Be honest in all that you do and care for those in need.

Amen. Lord, have mercy.

You shall not be a false witness.
Let everyone speak the truth.

Amen. Lord, have mercy.

You shall not covet anything that belongs to your neighbour. Remember the words of the Lord Jesus: 'It is more blessed to give than to receive.' Love your neighbour as yourself, for love is the fulfilling of the law.

Amen. Lord, have mercy.

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit into the wilderness, where for forty days he was tempted by the devil. Let us confess our sins remembering before God the times when we have fallen from temptation into sin.

We confess to you our selfishness and lack of love:
fill us with your Spirit.

Lord, have mercy.

Lord, have mercy.

We confess to you our fear and failure in sharing our faith:
fill us with your Spirit.

Christ, have mercy.

Christ, have mercy.

We confess to you our stubbornness and lack of trust:
fill us with your Spirit.

Lord, have mercy.

Lord, have mercy.

Almighty God,
who forgives all who truly repent,
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;

through Jesus Christ our Lord.
All Amen.

The Collect

Readings

Each reading ends with

This is the word of the Lord.
Thanks be to God.

The Gospel Reading

Praise to you, O Christ, King of eternal glory.
The Lord is a great God, O that today you would listen to his voice.
Harden not your hearts.

cf Psalm 95.3,8

Praise to you, O Christ, King of eternal glory.

Hear the Gospel of our Lord Jesus Christ according to.
Glory to you, O Lord.

This is the Gospel of the Lord.
Praise to you, O Christ.

The Creed

Let us confess our belief in the resurrection of our Lord Jesus Christ

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.**

Prayers of Intercession

Prayers ending with

Merciful Father, **accept these prayers for the sake of your son, our Saviour, Jesus Christ. Amen**

The Peace

Since we are justified by faith,
we have peace with God through our Lord Jesus Christ,
who has given us access to his grace.

Romans 5.1,2

The peace of the Lord be always with you
All **and also with you.**

The table is prepared and bread and wine are placed upon it.

God of mercy and compassion,
your Word calls us home to faith and love.
accept all we offer you this day;
in the name of Jesus Christ the Lord.
Amen.

The president takes the bread and wine.

Eucharistic Prayer B

The Lord be with you
and also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

It is indeed right and good
to give you thanks and praise,
almighty God and everlasting Father,
through Jesus Christ your Son.
For in these forty days
you lead us into the desert of repentance
that through a pilgrimage of prayer and discipline
we may grow in grace
and learn to be your people once again.
Through fasting, prayer and acts of service
you bring us back to your generous heart.
Through study of your holy word
you open our eyes to your presence in the world
and free our hands to welcome others
into the radiant splendour of your love.
As we prepare to celebrate the Easter feast
with joyful hearts and minds
we bless you for your mercy
and join with saints and angels
for ever praising you and *saying*:

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness;
grant that by the power of your Holy Spirit,
and according to your holy will,
these gifts of bread and wine
may be to us the body and blood of our Lord Jesus Christ;
who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.
In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.

Praise to you, Lord Jesus:

Dying you destroyed our death,

rising you restored our life:

Lord Jesus, come in glory.

And so, Father, calling to mind his death on the cross,
his perfect sacrifice made once for the sins of the whole world;
rejoicing in his mighty resurrection and glorious ascension,
and looking for his coming in glory,
we celebrate this memorial of our redemption.
As we offer you this our sacrifice of praise and thanksgiving,
we bring before you this bread and this cup

and we thank you for counting us worthy
to stand in your presence and serve you.
Send the Holy Spirit on your people
and gather into one in your kingdom
all who share this one bread and one cup,
so that we, in the company of [*N and*] all the saints,
may praise and glorify you for ever,
through Jesus Christ our Lord;
by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever.

Amen.

The Lord's Prayer

Trusting in the compassion of God we pray as Jesus taught us

**All Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.**

Breaking of the Bread

We break this bread to share in the body of Christ
Though we are many we are one body because we all share in the one bread.

The president breaks the consecrated bread.

All **Jesus, Lamb of God,**
have mercy on us.
Jesus, bearer of our sins,
have mercy on us.
Jesus, redeemer of the world,
grant us peace.

God's holy gifts for God's holy people
Jesus Christ is holy;
Jesus Christ is Lord;
To the glory of God the Father

Prayer after Communion

Silence is kept.

All **Almighty God,**
we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out in the power of your Spirit
to live and work to your praise and glory. Amen

The Blessing and Dismissal *(Stand)*

Christ give you grace to grow in holiness,

to deny yourselves, take up your cross, and follow him;
and the blessing ...

Go in the peace of Christ
All Thanks be to God